

TIPS before you start:

- To start an application you need a **current SSN** or **OKDHS client ID**.
- A working phone number and/or email is important in order to receive benefits.
- No documents or proof is due when submitting the application, but it is helpful to have a good idea of your income and expenses.
- Some questions might not apply to you or might be hard to answer. If that happens just **skip the question**. An OKDHS representative will contact you (after you submit) to clarify or collect any information that will be needed to determine final eligibility.
- Benefits are awarded from the date of submission, so the faster the application is generated, the faster eligible applicants can begin receiving assistance.

What are the rules for expedited food benefits?

You are eligible to receive expedited food benefits if:

- Your household has less than \$150.00 in monthly gross income and you do not have cash resources over \$100.00.
- You are a migrant or seasonal farm worker and you do not have cash resources over \$100.00.
- Your household's total monthly income and cash resources are less than the household's monthly rent or mortgage, and utilities.

How can I get more information about Expedited Services?

You can contact your local DHS office for more information. You may also call 405-521-3444 or email snap@okdhs.org.

