



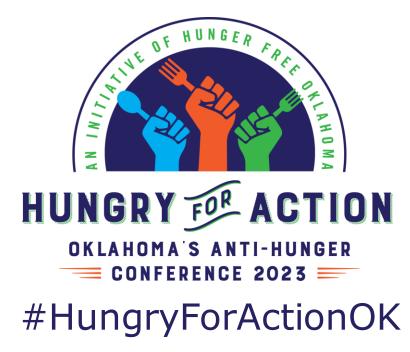
## Non-Congregate Summer Meals: Lessons from the First Year of Operations



Hilary Brookins



Devin Schroeder





meet your presenters

# Hello, I'm...



# Today's Agenda

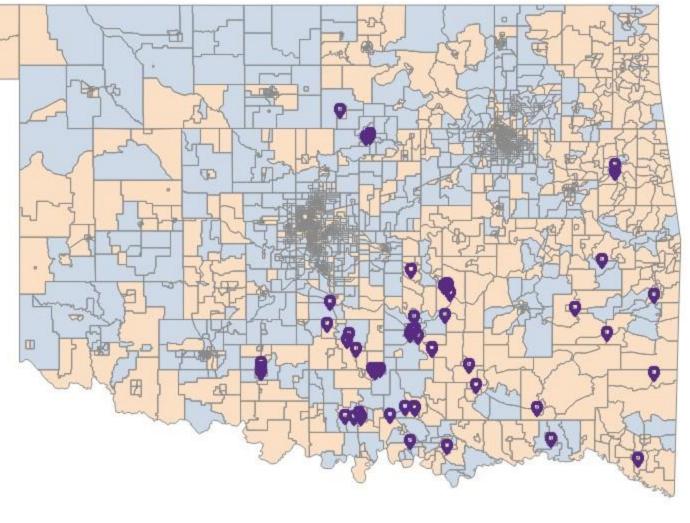
- Introduction to rural non-congregate
   Summer Meals
- Learn about Chickasaw Nation's non-congregate Summer Meals program
- Questions & Answers

# Rural Non-congregate Sites



### **2023 By the Numbers**

- 7 sponsors
- 60 sites
- 21 counties
- 431,000 non-congregate meals and snacks served\*





# Non-congregate Meal Service

Now a permanent option in SFSP and SSO

Can only operate in areas designated as rural by USDA

Meal pick-up and home delivery options

Sites can serve meals for multiple days up to 10 calendar days

# **USDA Rural Designation**

Reservation Enid Stillwater **USDA FNS defines** Itsa-Chevenne Oklahoma Arapaho Otsa "rural" as: City Caddo AMOMA Wichita An area in a county Delaware Po taw atom i N ation which is not part of a Kiow a Comanche Ap ache Ft Sill Lawton Metropolitan Chick as aw Statistical Area chita Brazos

Sources: <u>USDA Policy Memo</u> and <u>Map</u>

# Ways to Serve Meals

## Meal Pick-up

- Grab-and-go
- Curbside service
- Take home backpacks



- Completed by mail or delivery service
- Hand delivered by staff



Source: <u>USDA Policy Memo</u>

# **Examples of Allowable Multi-day issuances**

Once per week

7 days of meals picked up on Monday

Twice per week on Mondays and Fridays

4 days of meals picked up or delivered on Monday 3 days of meals picked up or delivered on Friday Every two weeks

10 days of meals provided every other week on the scheduled day

Meals picked up by last name A-F receive 7 days of meals on Mondays. G-K receive seven days of meals on Tuesdays, etc.

Source: **USDA** 

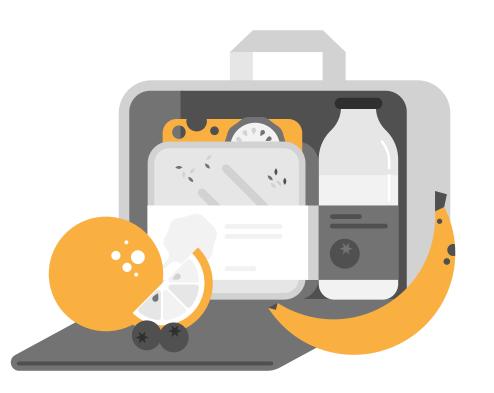
# Things to Consider

### **Ensuring Food Safety**

- Sourcing optimal food and packaging
- Meeting health and safety requirements
- Including instructions for storage and preparation

### **Optimizing Service to Families**

- Guardian time and availability
- Language and literacy levels of families
- Access to kitchen applicants and tools





# Taking Action & Next Steps

- 1. Identify underserved areas in your community.
- 2. Engage with your community to learn about interest.
- 3. Start thinking through logistics that might work for your organization.



the Chickasaw Nation

# Non-Congregate Summer Meals: Lessons From The First Year of Operations

Impa'chi Meals for Kids – Summer 2023
Office of Community Nutrition
Nutrition Services
Chickasaw Nation Department of Health

## Impa'chi Meals for Kids Team Summer 2023

#### **Community Nutrition Office:**

- One manager
- One coordinator
- Two program specialists
- One warehouse specialist

#### **Continued support:**

- Chickasaw Nation Department of Health
- Chickasaw Nation Nutrition Services
- Chickasaw Nation Procurement
- Chickasaw Nation Finance
- Chickasaw Nation Fleet Management
- Chickasaw Nation Career Development
- Chickasaw Nation Re-entry Program



#### **Summer 2023**

**Sites: 46** 

Non-congregate: 28 (33 approved)

Meals served total: 105,693

Non-congregate: 86,550

#### **Types of sites:**

- Nutrition Centers
- Medical Centers
- WIC Centers
- Libraries
- Public Schools
- Tribal Community Centers
- City/Town Community Centers

- Parks and Rec
- Local Events
- Tribal Housing Complex
- Churches
- Camps
- Summertime Child Care Centers
- Child Care Centers



### Non-congregate 2023 Lessons Learned – Sponsor Planning

- MORE
  - Warehouse space
  - Staff
- Non-congregate AND parent pickup AND bulk meals
  - Shelf-stable meals
  - Grab 'n' go, five days worth of meals
  - Breakfast and lunch
- Separate non-congregate application for EACH site
  - Application asks for details of service
- Sponsors can expect to do more trainings and preapprovals
  - Applications for each site to be non-

congregate must be submitted first

- Site approval formula
  - In a rural county + area eligible based on free and reduced status of local school district + not in close proximity to another congregate site
  - No exact mile radius for "close proximity"
  - Area eligibility
    - FRAC & No Kid Hungry Maps (inaccurate)
    - Low-income report
    - Advocate



### Non-congregate Meal Count Sheet

#### FY23 SUMMER FOOD PROGRAM Non-Congregate Meal Count Form

\*This site is allowed to serve up to five days' worth of breakfast and lunch meals per child\*

Site:Ada NS	Supervisor Name (Print): _Hilary Brookins
Meal Service Date: 5/22/23	Meal Service Timeframe:8:00am – 5:00pm

	First & Last Name (print) of	Breakfast (check mark per meal)					Lunch (check mark per meal)					
	Each <u>Child</u>	Today Each date for next four days					_	Today Each date for next four days				
	*Parent or guardian may pick up*	5/22	5/23	5/24	5/25	5/26	5/22	5/23	5/24	5/25	5/26	
1	Bo Summers	~	/		\	/	V	<b>V</b>	<b>~</b>	<b>V</b>	<b>/</b>	
2	Gwen Watson	/	<b>/</b>		)	V	~	/	<b>&gt;</b>	>	<b>~</b>	
3	Tisha Cully	<b>\</b>	ゝ	١	ነ	>	<b>~</b>	<b>&gt;</b>	>	>	>	
4	Dalton Gaines	<b>✓</b>	~	>	>	V	V	<b>V</b>	/	<b>\</b>	<b>/</b>	
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	Daily Totals (# for each day):	4	4	4	4	4	4	4	4	4	4	

By signing below, I certify that the above information is true and accurate:

Signature: Date: 5/22/23

I understand that this information is being given in connection with the receipt of Federal Funds and that deliberate misrepresentation may subject me to prosecution under applicable State and Federal criminal statutes.



### Non-congregate 2023 Lessons Learned – Sponsor Operations

#### More! More! More!

- Larger risk/responsibility higher volume increases likelihood of a review
- Ordering
- School calendar coordination
- Advertising
- Coordination of inventory, orders made, delivery dates, delivery schedules
- High volume deliveries More skilled delivery drivers

- Warehouse space More skilled warehouse staff
- Warehouse organization
- Food quality checks
- Site communication
- Organization of documentation
- Tracking down meal counts/inventory
- Data entry from meal count sheets
- Monitoring
- Frustration from staff burnout



### Non-congregate 2023 Lessons Learned – Site Operations

- Every site is unique
- Storage for increased inventory
- Quality checks and expiration dates
- Prepacking assembly line
  - Sturdy bags or double bag (walk-ins)
  - Ensure meal variety
  - Prepacking as much as possible
  - Five days worth of meals lunch and breakfast

- Staffing extra hands for packing and car loading
- Meal count sheet first and last names
  - Important to turn in daily
  - Inventory daily or weekly depending on site
- Everyone trained on operations and civil rights
- Customer service focus
- Sites making quick decisions on their own



### Non-congregate 2023 Recommendations

- Location
  - Previous sites
  - Libraries
- Inventory reporting daily
- Beginning and end dates—make sure to organize
- Preschedule monitoring
- Volunteer or labor pools
- Do not bite off more than you can chew

- Do not double book your staff
- Encourage your teams and sites
- Trust but verify ask for pictures
- Drive-thru is best
- Encourage sites/staff
- Be mission driven
- Can-do attitude from ALL





# Impa'chi Meals for Kids – Summer 2023

Questions?

Hilary Brookins – Community Nutrition Manager Hilary.Brookins@Chickasaw.net





# **Collaborative Learning in ACTION!**

Don't forget to visit the debrief boards between sessions!

Share what you learned and resources that might help others.





## Scan to Give Session Feedback

...and find lots of other resources!

