



Starting a Small-Scale Intersectional Food Security Project



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HUNGRY FOR ACTION

OKLAHOMA'S ANTI-HUNGER
CONFERENCE 2023

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TULSA INTERSECTIONAL CARE NETWORK

MEAL TRAIN PROJECT

***Challenges & Triumphs of starting
a small-scale food security project***

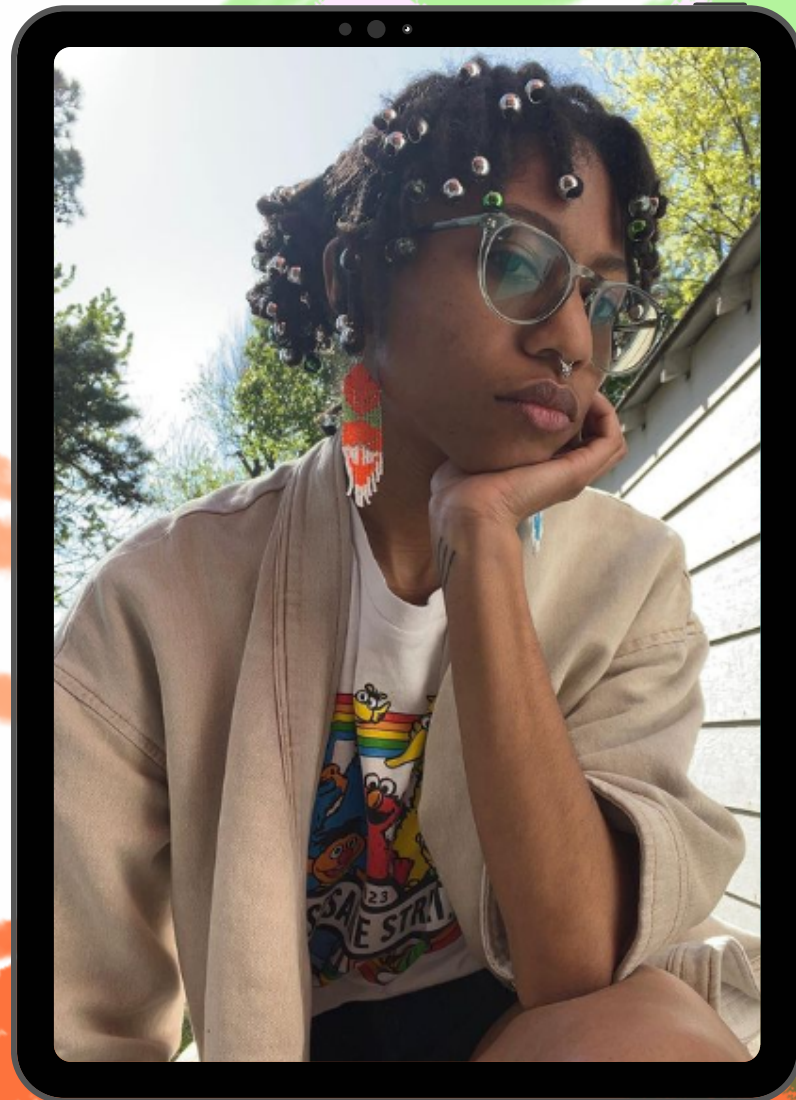
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What to Expect

1. **Introduction**
2. **Objectives**
3. **What is TICN?**
4. **Projects**
5. **Community Impact**
6. **Evolution of the Meal Train**
7. **Container Gardening Class**
8. **Takeaways**
9. **Q&A**

Introductions



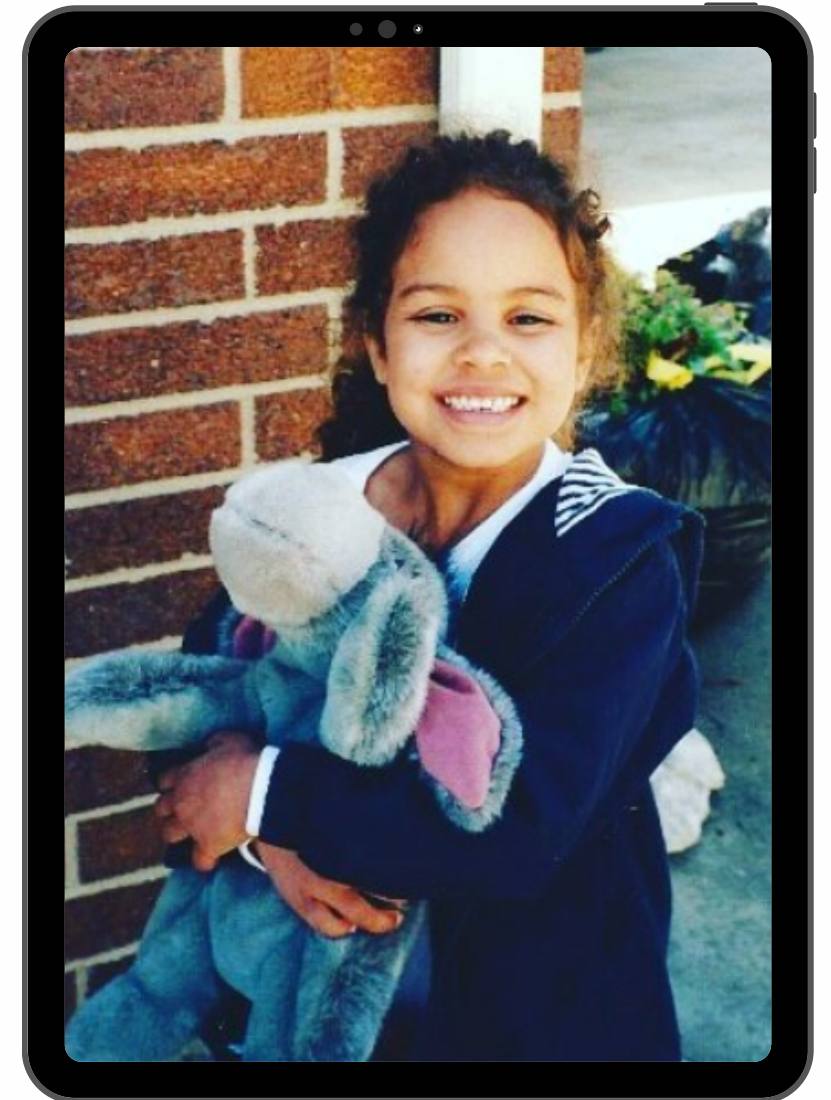
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Objectives



- 1. To gain a better understanding of the unique challenges facing the 2SLGBTQIA+ community in achieving food security**
- 2. Learning how to build a resilient mutual aid network to address food insecurity**

What is TICN?

Tulsa Intersectional Care Network (TICN) is a project BY and FOR Trans, Queer, Disabled, & BIPOC Tulsans using mutual aid and community care practices for our shared empowerment.

Projects

2021-2022

Brunch & Dream
Weekly Check-Ins
Community Meetings
Food shares
Community Work Days
Power-building with other
grassroots orgs
Meal Train & Direct Aid

Present

Monthly Meal Train &
Direct Aid up to \$100
Annual Rental Assistance Fund
Digital Safer Spaces (Discord, FB, IG)
Legislative Advocacy
Study Group (Carceral Abolition
through a Trans & Queer Lens)
Local grassroots organizing

Future

Accessible Container
Gardening Class
Incarcerated Prisoner
Support
Meal Train & Direct Aid
Grassroots Organizing

Community Impact

467

MEAL TRAIN

Number of people fed by groceries, cooked meals, or cash we distributed



Evolution of the

MEAL TRAIN

Roots

**Metro Trans Umbrella Group
(MTUG) & STL Solidarity Economy
& STL Mutual Aid Network
COVID-19 response in 2020**

Fruit

**Monthly food delivery & 100s
of people fed 2021-2023 &
movement toward food
sovereignty in 2024**

Container Gardening

**This new multi-session class by
Terryce will usher in a new
focus on Food Sovereignty, as
opposed to merely focusing on
Food Access and Security.**



TAKEAWAYS

**Anyone can tackle
food insecurity
around them**

**Queer & disabled people
face unique challenges
in current food system
geographies**

**LANDBACK
isn't just a trendy
saying; it's the key
to environmental
justice**

**Equity in food supply
will require outside-
the-box thinking**

**Food Justice is a racial
justice is an environmental
justice is a reproductive
justice issue**



Questions?

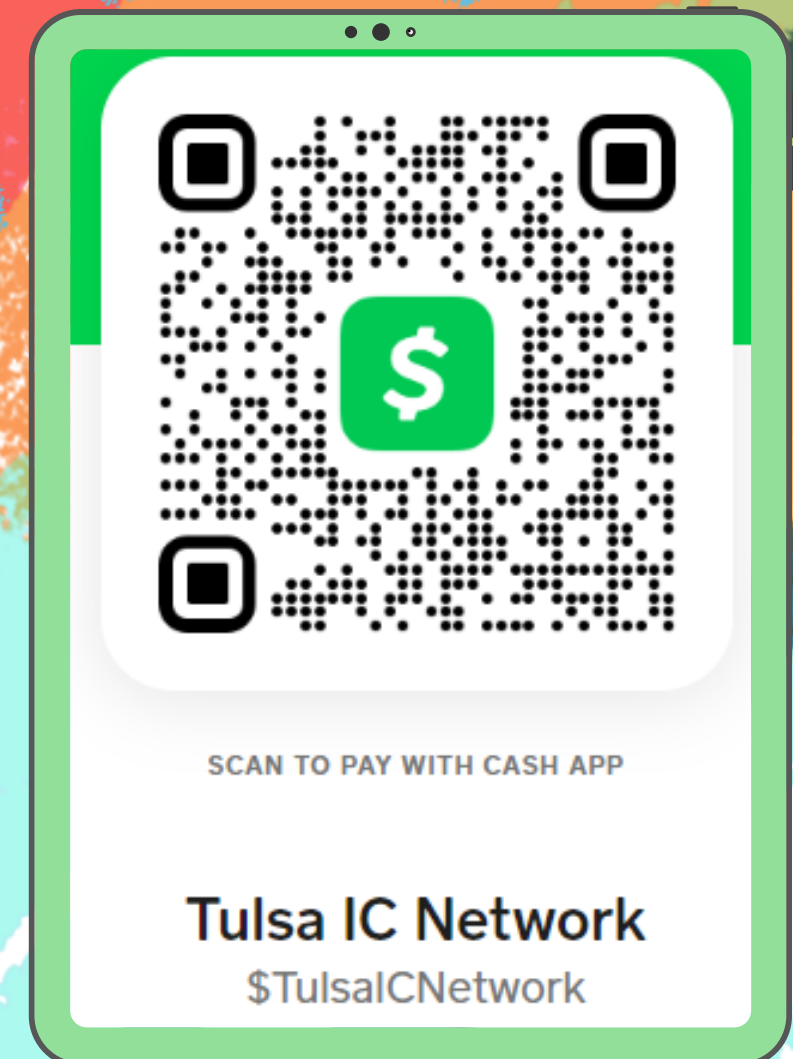
Keep in Touch

<https://Linktr.ee/TICN>

TulsaIntersectionalCareNetwork@gmail.com

Donate at:

[https://cash.app/\\$TulsaICNetwork](https://cash.app/$TulsaICNetwork)





Collaborative Learning in ACTION!

Don't forget to visit the
debrief boards between sessions!

Share what you learned and
resources that might help others.



Scan to Give Session Feedback

...and find lots of other resources!



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