OKLAHOMA FOOD RESOURCES

NEED URGENT FOOD HELP? CALL 2-1-1

SNAP | Supplemental Nutrition Assistance Program
- Available to all ages
- Ages 18 years & up can apply by calling toll-free 1 (877) 760-0114
- Learn more: www.hungerfreeok.org/groceries

WIC | Special Supplemental Nutrition Program for Women, Infants, & Children
- Available to pregnant, postpartum, & breastfeeding women, & to children under age 5 years
- Citizenship status is not required
- Learn more: www.hungerfreeok.org/WIC

DUO | Double Up Oklahoma
- Available to SNAP participants (only at select farmers markets & grocery stores)
- Match SNAP dollars for up to $20 in free produce daily
- To find a site or learn more: www.doubleupoklahoma.org

Summer Meals
- Free meals available to all children & teens, 18 years & under
- No registration or ID required
- To find a site or learn more: www.meals4kidsok.org

Free and Reduced-Price School Meals
- All students can apply throughout the school year
- Meal applications determine eligibility for free or reduced-price school meals & other benefits like P-EBT
- Apply through your child’s school

P-EBT | Pandemic Electronic Benefits Transfer
- P-EBT helps families buy groceries due to pandemic-related school closures or reduced hours
- May be available to families with students who receive free or reduced-price meals
- Learn more: www.hungerfreeok.org/pebt

For mobile access to this information, use your smartphone camera to scan the QR code on the grocery sack, or visit: bit.ly/FoodResourcesOK

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